

# Sikkim Public Service Commission

Main Written Examination for the Post of Junior Clinical Psychologist under  
Sikkim State Subordinate Allied and Healthcare Service

## PAPER -II

Time allowed: 3.00 hrs

Maximum Marks: 100

### INSTRUCTIONS TO CANDIDATES

*Read the instructions carefully before answering the questions: -*

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS BOOKLET DOES NOT HAVE ANY UNPRINTED, TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET.
2. Use only Black Ball Point Pen to fill the OMR Sheet.
3. Do not write anything else on the OMR Answer Sheet except the required information.
4. This Test Booklet contains 50 questions in MCQ Mode in Part I to be marked in OMR Sheet. Part II and Part III are Subjective Questions which have to be written on separate answer sheet provided to you.
5. Before you proceed to mark in the Answer Sheet (OMR), you have to fill in some particulars in the Answer Sheet (OMR) as per given instructions.
6. After you have completed filling in all your responses on the Answer Sheet (OMR) and the examination has concluded, you should hand over the Answer Sheet (OMR) and separate answer sheet to the Invigilator only. You are permitted to take with you the Test Booklet.

#### 7. Marking Scheme

THERE WILL BE NEGATIVE MARKING FOR WRONG ANSWERS MARKED BY A CANDIDATE IN THE OBJECTIVE TYPE QUESTION PAPERS

- i. There are four alternatives for the answer to every question. For each question for which a wrong answer has been given by the candidate, one-third of the marks assigned to the question will be deducted as penalty.
- ii. If a candidate gives more than one answer, it will be treated as a wrong answer even if one of the given answers happens to be correct and there will be same penalty as above to the question.
- iii. If a question is left blank. i.e., no answer is given by the candidate; there will be no penalty for that question.

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

**PART -I**

Choose the correct answer for the following questions:

(1x50=50)

1. In which year Army alpha test was developed?

- A. 1920
- B. 1917
- C. 1900
- D. 1925

2. What is another name of Schizophrenia?

- A. Psychosis
- B. Neurosis
- C. Dementia praecox
- D. Anxiety

3. Who gave the concept of id, ego and superego?

- A. Freud
- B. Adler
- C. Jung
- D. Maslow

4. Operant conditioning helps in \_\_\_\_\_ behavior.

- A. Maintenance
- B. Shaping
- C. Fantasy
- D. Association

5. What is the basis of counseling?

- A. Psychoanalysis
- B. Pavlov's conditioning
- C. Maslow's self-actualization
- D. Carl Roger's theory

6. How many defense mechanisms were given by Freud?

- A. 5
- B. 6
- C. 4
- D. 7

7. Hypochondriasis is a somatoform disorder?

- A. Yes
- B. No
- C. both a & b
- D. none of these

8. Aneight-year-old child has IQ equal to 120. What will be his mental age?

- A. 7
- B. 9
- C. 12
- D. 10

9. Limited intellectual capacity is the Characteristic of \_\_\_\_\_

- A. ADHD
- B. Autism
- C. Mental Deficiency
- D. Attention Deficit

10. Which is not a pervasive Developmental Disorder?

- A. Autism Spectrum Disorder
- B. Childhood Depression
- C. Childhood disintegrative disorder
- D. Rett's Syndrome

11. Children having IQ between 20-34 fall in the category of \_\_\_\_\_

- A. Mild intellectual deficiency
- B. Moderate intellectual deficiency
- C. Severe intellectual deficiency
- D. Profound intellectual deficiency

12. How many disabilities are included in disability these days?

- A. 11
- B. 5
- C. 7
- D. 21

13. How can scientific data be collected?

- A. Interview
- B. Observation
- C. Both A and B
- D. None of these

14. Which is not a model of disability?

- A. Moral model
- B. Social model
- C. Educational model
- D. Medical model

**15. What is the impact of marginalization?**

- A. None
- B. Anger
- C. Frustration
- D. Both B & C

**16. Which is the technique of self-control?**

- A. Self-observation
- B. Self-monitoring
- C. Self-reinforcement
- D. All

**17. Raven's Progressive matrices are a test of \_\_\_\_\_**

- A. Attitude
- B. Intelligence
- C. Personality
- D. ADHD

**18. How many Wechsler scales are used these days?**

- A. 3
- B. 5
- C. 4
- D. 2

**19. Who developed Peabody picture vocabulary test?**

- A. Woodcock
- B. Johnson
- C. Dunn
- D. Raven

**20. Luria-Nebraska test is a \_\_\_\_\_ test.**

- A. Neurological
- B. Psychological
- C. Intelligence
- D. Battery

**21. \_\_\_\_\_ technique is used in Behavior therapy.**

- A. REBT
- B. Cognitive
- C. Gestalt
- D. Relaxation

**22. Main tests used as test of reasoning are:**

1. Cube test,
2. Object sorting test.
3. Color sorting test.

- A. All the three
- B. 1 & 2
- C. 2&3
- D. 1 &3

**23. L, F and K are dimensions of a personality test. Name the test.**

- A. 16 PF
- B. MMPI
- C. MCMI
- D. CPI

**24. Bender Gestalt test was developed by Laretta Bender. Who was she?**

- A. Psychologist
- B. Neurologist
- C. Physician
- D. Psychiatrist

**25. (Hold - Don't Hold) / Hold =?**

- A. Educational index
- B. Deterioration index
- C. Performance Index
- D. Intelligence Quotient

**26. Which test has Copy phase and recall phase?**

- A. Bender Gestalt Test
- B. Bender Gestalt -II
- C. Picture completion test
- D. Draw -a -man test

**27. Which therapy is best suited to remove self - harm behavior?**

- A. Cognitive therapy
- B. Existential therapy
- C. Psychodynamic therapy
- D. Behavior therapy

**28. Rorschach test was developed in \_\_\_\_\_**

- A. 1921
- B. 1931
- C. 1955
- D. 1919

29. Cattell's Intelligence test is a \_\_\_\_\_ test.

- A. Culture free
- B. Culture biased
- C. Both A&B
- D. None

30. Rehabilitation Council of India Act came in force in

- A. 1990
- B. 1989
- C. 1992
- D. 1994

31. Commitment, Control and Challenge are found in which type of personality?

- A. Type A personality
- B. Type B personality
- C. Stress Resistant Personality
- D. Type c personality

32. Ratings for a person given on the basis of a single trait are called \_\_\_\_\_

- A. Halo effect
- B. Middle category bias
- C. Extreme category bias
- D. Category

33. Primary appraisal of stress includes-

- 1. harm
  - 2. threat and
  - 3. challenge
- 
- A. 1 &3
  - B. 1 & 2
  - C. 2&3
  - D. All the three

34. Psychoneuroimmunology focuses on the links between mind, brain and \_\_\_\_\_

- A. Spinal cord
- B. Medulla
- C. immune system
- D. Cerebral cortex

35. In the term Diathesis-stress model diathesis means \_\_\_\_\_

- A. Health
- B. Hygiene
- C. Biological predisposition
- D. Psychopathology

36. In schizophrenia main types of symptoms are \_\_\_\_\_

- A. 3
- B. 1
- C. 2
- D. 4

37. Transference is part of \_\_\_\_\_

- A. Behavior modification
- B. Therapeutic alliance
- C. Cognitive therapy
- D. Psychodynamic therapy

38. Shaping, time out response cost etc. are used in \_\_\_\_\_

- A. Token economy
- B. CBT
- C. Ego analytical therapy
- D. Contingency management

39. Psychodrama, a type of group therapy was developed by Moreno in

- A. 1945
- B. 1946
- C. 1947
- D. 1944

40. Parent, adult and child are used in transactional analysis, what are these called in it?

- A. Parts
- B. Ego states
- C. Stages
- D. None of these

41. How many forms of family therapy are generally used?

- A. 10
- B. 11
- C. 09
- D. 08

42. Concept of unconditional positive regard is central part of \_\_\_\_\_ therapy.

- A. Cognitive therapy
- B. Behavior therapy
- C. Client-centered therapy
- D. Logo therapy

**43. Who used the word empty organism in his theory to explain organism?**

- A. Watson
- B. Pavlov
- C. Thorndike
- D. Skinner

**44. Who gave concept of cognitive dissonance?**

- A. Festinger
- B. Mohsin
- C. Heider
- D. Sternberg

**45. \_\_\_\_\_ provides a fertile ground for the growth of prejudice.**

- A. Schema
- B. Prototype
- C. Stereotype
- D. Social cognition

**46. Each person thinks that it is not his/her responsibility alone to provide help. This phenomenon is called**

- A. Social responsibility
- B. Diffusion of responsibility
- C. Reciprocity
- D. Equity

**47. A tendency to change behavior according to what others say is called-**

- A. Schizoid personality
- B. Histrionic personality
- C. Borderline personality
- D. Conforming personality

**48. Which body is responsible for taking care of persons with disabilities-?**

- A. MCI
- B. RCI
- C. PCI
- D. National trust

49. Which national program focuses on early detection of Mental retardation?

- A. Mental Health Act
- B. Persons with disabilities Act
- C. Indian Lunacy Act
- D. All the three

50. National trust is takes care of some specific disabilities; they are:

- A. Mental retardation
- B. All the three
- C. Autism
- D. Cerebral palsy

**PART - II**

Answer **ANY FOUR** of the following:

(5x4= 20)

1. Write a note on RCI.
2. Explain positive and negative symptoms of Schizophrenia.
3. Write a shot note on dimensions of MMPI.
4. What is the meaning and nature of clinical interview?
5. Write a short note on MSE.
6. Explain the levels of mental retardation.

**PART - III**

Attempt **ANY TWO** of the following questions:

(15x2= 30)

1. Explain important models of clinical psychology.
2. Name the tests of personality used in India. Explain any two.
3. Explain in detail the process of psychodynamic psychotherapy.
4. Explain the Stages of adaptation model developed for special children.